

AS THE TWIG IS BENT, SO GROWS THE TREE

It is easier to make small changes to a twig than it is to untwist a whole tree. Small changes, left uncorrected over time, can become big issues down the road. We want to give our children the best future outcomes by setting them up with solid foundations during childhood. Regular chiropractic care in the first years of life helps with removing stress from the spine, which houses the spinal cord. The cord connects and communicates to the brain about what's going on in the body, and in turn, the brain sends messages back down to the body via the spinal cord.



WHAT IS CHIROPRACTIC?

Chiropractic is a healthcare discipline that emphasizes the inherent recuperative power of the body to heal itself without the use of drugs or surgery. • The practice of chiropractic focuses on the relationship between structure (primarily the spine) and function (as coordinated by the nervous system) and how that relationship affects the preservation and restoration of health.

YOU WERE DESIGNED TO HEAL

OUR PATCH FAMILY CHIROPRACTIC



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(864) 704-0920

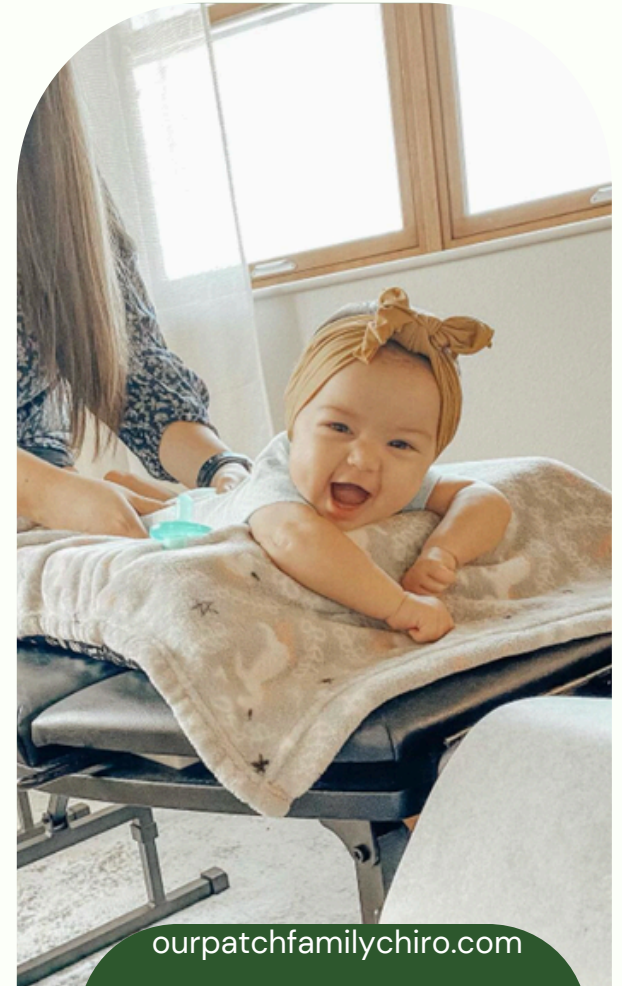
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84 Orchard Park Dr. Greenville, SC 29615



CHIROPRACTIC + KIDDOS

SUPPORTING YOUR LITTLE ONE
IN THEIR FIRST YEARS OF LIFE



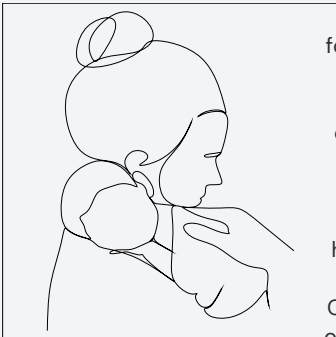
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WHAT CAN CAUSE BIRTH TRAUMA?

- Use of Pitocin to strengthen/induce uterine contractions
- Use of forceps or vacuum extraction
- Cord around baby's neck
- Cesarean delivery (due to lack of progress)
- Pulling or twisting on the head to deliver the infant's body

WHAT CAN NERVE DYSFUNCTION FROM BIRTH TRAUMA LOOK LIKE?

- Trouble breathing
- Reflux/frequent spitting up
- Irritability/colic
- Difficulty nursing (impaired sucking/swallowing or head positioning)
- Balance issues
- Sleeping difficulty
- Delayed developmental milestones



Chiropractic care is focused solely on removing nerve dysfunction (which improves brain-body communication) so a new baby can grow, develop, and function at their highest potential. We as humans were born with an innate ability to heal. Chiropractors minimize the obstructions to that ability.

IS IT SAFE?

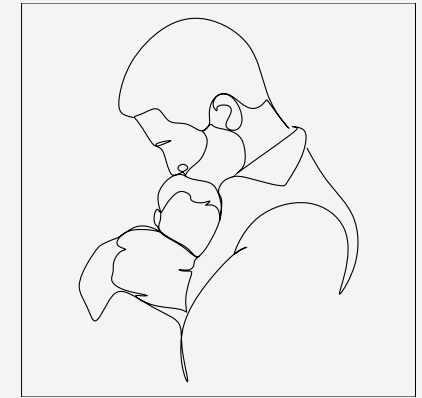
Yes. When adjusting a newborn, a skilled chiropractor will only use the amount of pressure that equates to testing the ripeness of a tomato. The child gets checked by hand, then is placed in position (usually in Mama's lap or on a pillow), and gentle pressure is applied.

"BUT BABIES DON'T HAVE BACK PAIN"

They don't have back pain, but they do feel pain and discomfort. If they didn't, no newborn would ever be fussy or would have the urge to cry for comfort. By removing stressors that may have originated during the birth process, a child will have better chances of developing properly and more efficiently!

WHAT IS THE ICPA? WHY DOES THAT MATTER?

Being the oldest and largest organization of its kind, the International Chiropractic Pediatric Association (ICPA) was founded to offer doctors of chiropractic + other health care providers the tools they need to care for pregnant mothers and children. For those DCs whose objective is to specialize in pediatrics, the ICPA offers a 360-hour diplomate program about kids and chiropractic care that goes into great detail emphasizing that ("chiropractically speaking") kids aren't just miniature adults. While it's not mandatory for pediatric-specialized DCs to take courses (or be certified) through the ICPA, it does give parents peace of mind knowing all ICPA-certified DCs have put in 100s of extra hours learning about these populations (mamas and kiddos).



WITH BABIES, THE FIRST 5 YEARS ARE ESSENTIAL FOR BRAIN DEVELOPMENT, WITH AN EXTRA EMPHASIS ON YEAR 1. THE CENTRAL NERVE SYSTEM (YOUR BRAIN & SPINAL CORD) CONTROLS THE BABY'S GROWTH AND DEVELOPMENT. SINCE INFANCY IS THE TIME OF GREATEST BRAIN DEVELOPMENT, INFANCY IS THE TIME TO ENSURE THE HEALTH OF THE NERVE SYSTEM. CHIROPRACTORS WHO TAKE CARE OF BABIES LOOK FOR DISTURBANCES IN THEIR NERVOUS SYSTEMS THAT INTERFERE WITH HEALTHY GROWTH AND DEVELOPMENT.



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**BEING BORN IS HARD WORK –
FOR BOTH MOTHER AND CHILD.**